RALSTON WHITE RETREAT

Ralston White Retreat- Sample Menu

Following you will find a selection of items that we serve for breakfast/brunch, lunch, and dinner. For your stay, please choose one item for each meal. Vegetarian and/or vegan alternatives are available for most entrees. Please notify us of the number of vegetarians and vegans in your group and if there are any individuals with food allergies. Our talented kitchen staff would also be happy to work with you to design a menu.

All meals are served buffet style

Coffee/Tea service and a fresh fruit bowl are available all day.

Breakfasts

Hot and cold cereals, fruit juice, homemade granola, yogurt, toast, peanut butter, jellies, bagels w/cream cheese and seasonal fresh fruit are served with all breakfasts and brunches.

Frittata - choice of vegetarian and/or ham and cheese. Served w/roasted potatoes and your choice of homemade muffins or scones.

Homemade Whole Grain Pancakes - Served w/seasonal fruit sauce and pure maple syrup. Cottage cheese and hard-boiled eggs are also provided.

Baked Apple Breakfast Bread Pudding or Traditional French Toast - Served w/seasonal fruit sauce and pure maple syrup. Cottage cheese and hard-boiled eggs are also provided.

Scrambled Eggs - Served w/roasted potatoes and your choice of homemade muffins or scones. Sausage patties are provided upon request.

Continental Breakfast

Bagels w/cream cheese, toast, homemade muffins or scones, seasonal fresh fruit, yogurt, cottage cheese, hard boiled eggs, oatmeal and cold cereal bar are provided.

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Brunch

Choice of either frittata or scrambled eggs breakfasts plus smoked salmon w/condiments and hearty green salad.

Lunches

Chef's Pasta Choice - Served w/homemade bread and green salad.

Pad Thai - Served w/vegetables, chicken or shrimp. Also served w/cucumber salad.

Middle Eastern - Tabouli, hummus, tuna salad w/ pita bread. Also served w/green salad and cucumber raita dressing.

Soup and Salad - Homemade soup or chili. Served w/grilled chicken breasts and green salad. Also served w/homemade bread or tortilla chips and condiments.

Baked Polenta w/Sausages and Artichokes - Served w/homemade bread and green salad.

Sandwich Buffet - Assorted meats and cheeses served w/rolls, chef's salad choice, chips and condiments.

Salad Buffet - Chicken Cobb Salad, Caesar Salad w/grilled chicken/salmon or Chinese Chicken Salad served w/homemade bread.

Dinners

Roasted Pork Loin - w/applesauce.

Roasted Chicken - w/Parmesan-Panko crumbs.

Sesame Teriyaki Salmon/Chicken/Tofu - w/parsley-lemon zest.

Grilled & Roasted Beef Tri Tip - W/sour cream horseradish sauce.

Turkey Meatloaf - w/BBQ Sauce.

South Indian-Style Curry - w/Chicken & Vegetables/Tofu.

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Dinners (continued)

Roasted Butternut Squash Lasagna – w/Goat Cheese-Parmesan Béchamel, Sage & Breadcrumbs.

Sausage or Vegetarian Mushroom Lasagna – w/Parmesan Béchamel.

Chicken or Vegetable Enchiladas – w/enchilada sauce and queso.

Taco and Burrito Bar – w/chicken or beef and roasted vegetable

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All meals include coffee and tea service. Brunch, lunch, and dinner include salad and homemade dessert.

Continental Breakfast $ 12.50
Breakfast $17.00
Brunch $22.50
Dinner $27.50
All meal charges are subject to 8.25% CA state sales tax.
Tip is not included.
Pricing Subject to Change, without notice. Please refer to your contract.